

WHAT IS BULLYING

Bullying can be defined as -

'repeated incidents involving a bigger, stronger or more powerful child on a smaller or weaker child or a group of children on a single child' (Department of Education)

Forms of Bullying -

Verbal: such as name calling, making racist remarks or spreading rumours.

Physical: such as unwanted touching, hitting or kicking.

Bystander: such as being aware of or witness to the bullying situation.

Psychological: such as deliberately ignoring, excluding or making threatening gestures.

Power Imbalance: by a more powerful individual or group against an individual who is unable to effectively resist.

Cyber: bullying which is carried out through an internet service such as instant messaging, social media, chat room, discussion group or email. It can also include bullying through mobile phone technologies such as SMS.

YANCHEP LAGOON PRIMARY SCHOOL

Our community is committed to making a safe school environment by developing authentic relationships between students, parents and staff based on care, mutual respect and open communication.

**BULLYING, IN ANY FORM, IS
NOT TOLERATED AT OUR
SCHOOL.**

Students at Yanchep Lagoon Primary School have rights as individuals and are to be treated with kindness and respect. They also deserve to be in an environment where they feel safe and be given opportunities to achieve their personal goals.

Students, parents and teachers have the responsibility to respect the rights of others and to make our school a 'friendly place' by being thoughtful, respectful and courteous to others.

They have a responsibility to:

- Be observant to signs of bullying
- Report incidents of bullying
- Treat reports of bullying seriously and
- Follow the correct procedure in attempting to resolve conflict

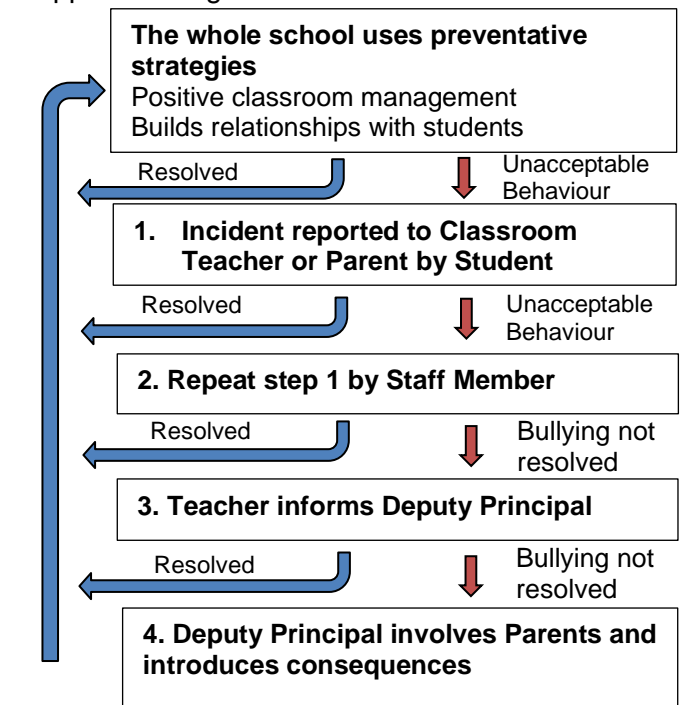
PROCEDURE FOR REPORTING INCIDENTS FOR PARENTS AND STUDENTS

Pass this information onto:

The **classroom teacher** if it happened during class time or if you are unsure of the time.

The **Deputy Principal** if it happened before or after school.

The **playground duty teacher (student only)** if it happens during the lunch or recess breaks.



Reports will be logged on the school's behaviour management system. When the matter has been resolved, all key stakeholders will be informed by staff or administration.

Any incident you think warrants attention can go through the same process.

WHAT CAN YOUR CHILD DO IF THEY ARE BEING BULLIED

If you are being bullied you should take appropriate action and not just accept it.

First and foremost you should believe in yourself. You have the right to feel safe and valued.

Try not to retaliate by becoming a physical or verbal bully yourself.

You should try to ignore the bully. If you show you are not upset, the bully may stop.

Tell the bully to 'cut it out' or to 'stop it'. Laugh it off, use humour.

Don't be afraid to talk about it with your family or your friends.

There are many adults at school who want to help you. Talk to your teachers or the principal. They can help you decide how to handle the situation or they can take action.

Be smart by avoiding high risk places and times.

TELL TALE SIGNS OF BULLYING

- A sudden unwillingness to attend school.
- A decline or total loss of self-confidence.
- Lack or loss of interest in social events.
- Declining academic progress.

THE IMPORTANT ROLE OF PARENTS

Parents can help by:

- Showing interest in your child's school, social, sporting and cultural life.
- Having a warm, friendly home environment where your child is encouraged to bring friends home.
- Encouraging your child's self esteem by saying and doing positive things, nurturing their positive qualities and valuing them for who they are.
- Discussing the school's expectations about behaviour and how best to deal with bullying.
- Being observant and looking for the tell-tale signs that something is wrong.
- Informing the school if you become aware of any bullying incident so it can be stopped.

As an adult, it is very important to be aware of your response and act in a calm, helpful and caring manner.



YANCHEP LAGOON
PRIMARY SCHOOL

Dream · Believe · Achieve

Bullying Policy

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