FOOD AND NUTRITION SECTION:

Week 1: Practical-Sausage Rolls
   : Rules/Expectations/Assessment/Self Evaluation/Spelling/ Use of Glossary/Safety and Hygiene requirements.

Week 2: Practical- Lemonade Scones
   : Equipment worksheet

Week 3: Practical-Nacho’s
   : Revise Healthy Eating Pyramid and 9 Dietary Guidelines

Week 4: Practical-Pasta Carbonara
   : Nutrients worksheet

Week 5: Practical-Chocolate Self Saucing Pudding
   : Healthy Eating Pyramid task

Week 6: Practical-Easy Curry Puffs
   : Revision for Quiz

Week 7: Breakfast Assignment THEORY lesson!

Week 8: Practical-Cottage Pie
   : Nutrition Quiz

Week 9: Breakfast Assignment PRACTICAL lesson!

Week 10: Practical-Chocolate Chip Cookies
   : Collect all assignment worksheets.

Week 11: Practical- Zucchini Slice
   : Origins of Food –worksheet

Week 12: Practical- Shortbread
TEXTILES SECTION:

Week 13: Unit Expectations- Safety, Rules and Equipment use.
-Introduction to the SEWING MACHINE- label sewing machine parts, outline machine settings for straight and zig zag stitching and start sewing on paper.

Week 14: Students practise on sewing machines- turning, corners, following machine guidelines-then complete ”L” Plate TEST.
If Time- start threading of sewing machine.

Week 15: Threading of Sewing machine and bobbin. Students practise reversing at beginning and end of a straight line of stitching using machine guidelines, zigzag stitching on edge of material, corners and curves-in readiness for “P” Plate TEST (SEWING MACHINE LICENSE)

Week 16: Begin Pencil Case construction…
-Design, cutting out, ironing…

Week 17: Pencil case construction

Week 18: Pencil case construction

Week 19: Complete Pencil case

Please be aware that the order of some recipes or activities may change due to school events, assemblies, sporting carnivals, guest speakers and public holidays. Your child will be notified a full week in advance of any such changes before they occur.

Thankyou
Trudy Devellerez