PART 1:
Week 1: Outline Class rules, expectations, Safety/Hygiene requirements (use of equipment), and use of glossary and subject specific spelling words. Practical- Chocolate Milkshakes

Week 2: Practical-Scones (with jam/cream)  
    : Spelling Pre-test

Week 3: Practical-Mini Quiches  
    : Work on Glossary

Week 4: Practical-Hamburgers  
    : Healthy Dietary Pyramid- looking at students own diet and evaluate it against the Pyramid.

Week 5: Practical-Pasties  
    : Australian Dietary Guidelines Investigation

Week 6: Practical-Pancakes  
    : Spelling test

Week 7: Practical-Apricot Slice  
    : Nutrients-worksheet

Week 8: Practical-Apple Crumble  
    : Nutrition Quiz

PART 2:

Week 1: “What No Potato” (Super Spud) Assignment (Theory Lesson!)  
    -Students Devise, Plan (Food order/ Time plan) for their own Spud meal.

Week 2: Practical-Chow Mien  
    : Spelling List Test-No 2/ Glossary check  
    : Australian Dietary Guidelines and Dietary Pyramid Revision.

Week 3: Practical-Super Spud Preparation  
    : Students Produce their planned Spud and Evaluate their performance.
Week 4: Practical- Fried Rice
    : Theory lesson- catch up lesson on Design Brief Evaluation, worksheets and revise for Nutritional Quiz. (9 Dietary Guidelines, 6 Nutrients and the Healthy Diet Pyramid)

Week 5: Practical-Coconut Biscuits
    : Nutritional Quiz

Week 6: Practical-Cup Cakes
    : Workbook collected for Marking

Week 7: Practical-Macaroni Cheese
    : Spelling Test- No 3/ Glossary check

Week 8: Practical-Pizza Scrolls
    : BINGO-Nutritional Quiz

Please be aware that the order of some recipes or activities may change due to school events, assemblies, sporting carnivals, guest speakers and public holidays. Your child will be notified a full week in advance of any such changes before they occur.
Thankyou
Trudy Devellerez